

Grief and  
Bereavement  
Services  
**Yuba City**



Sutter Care at Home's Hospice Bereavement Program is a community support program for children, teens, adults and families who have been impacted by the loss of a loved one.

We believe that grief is a natural reaction to the loss of a loved one and that it affects everyone differently.

Children and families have the capacity to heal themselves through caring and acceptance.

Sutter Care at Home's Children's Bereavement and Adult Bereavement Services include:

- On-site evening supportive services ages 5-10 with concurrent parent group
- On-site evening supportive services ages 11-18 with concurrent parent group
- Off-site supportive services facilitated at the Tri-Counties Juvenile Hall Facility
- Off-site schools supportive services
- On-site adult supportive services
- On-site caregiver supportive services
- On-site maternal child health supportive services

For group time and days, please call (530) 749-3460.

Sutter Care at Home's hospice bereavement services are available to the community free of charge. Donations are gratefully accepted. For more information, or to make a donation, please call (530) 749-3509.



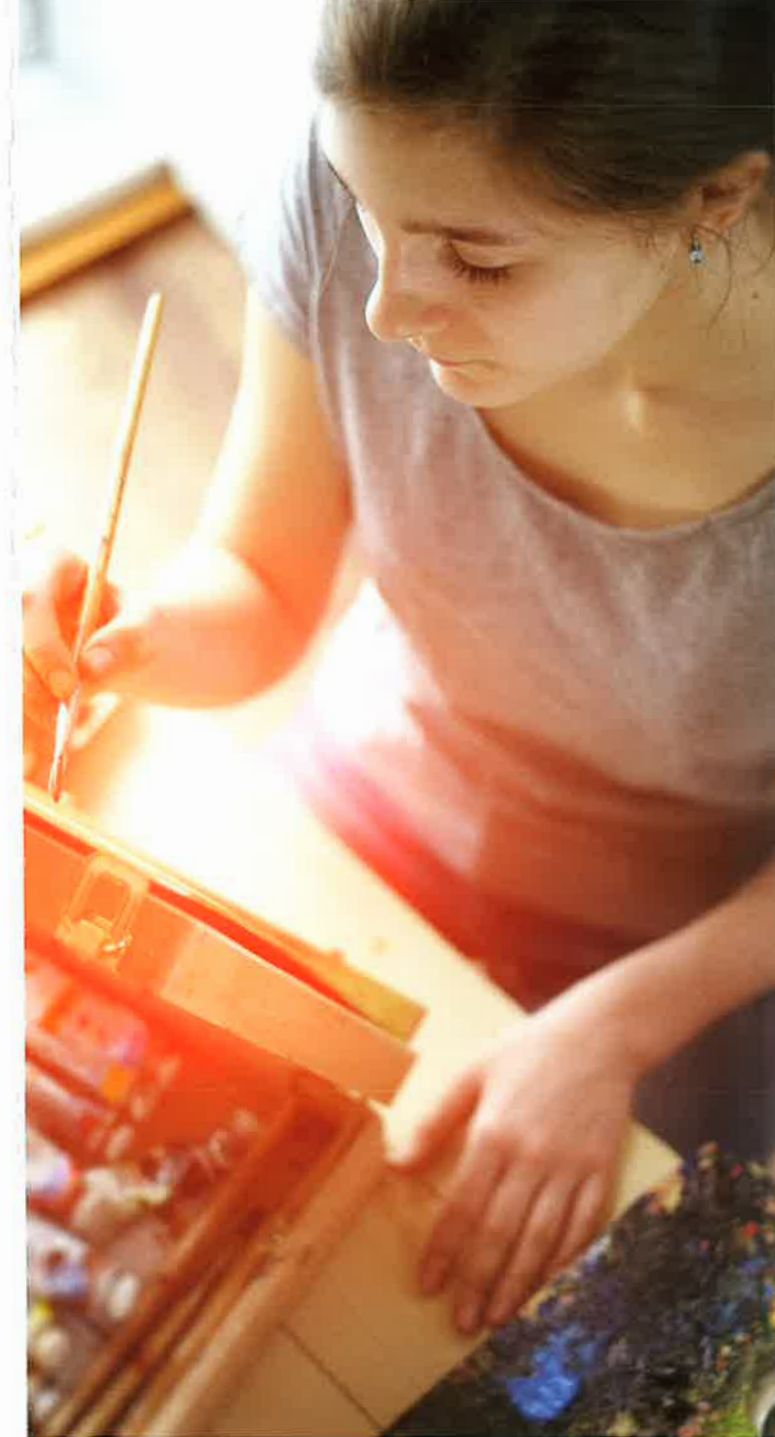




Hospice Bereavement client Devante Boykin, age 8, holding his “mask of grief” at the Celebration of Life art display



Hospice Bereavement client Casey Brolliar, age 16, created this Pillow Case Art Project at an off-site school program



## About the Children's Bereavement Program

Sutter Care at Home's Children's Bereavement Program was implemented 2007 to address the growing need of grief counseling for children who are suffering from emotional struggles following the loss of a loved one. According to Children's Bereavement Specialist Linda Goldman, "Children's questions are a window to their soul and a mirror to their inner thoughts and feelings." If these issues are not addressed, they can lead to complicated grief. Complicated grief develops after a prolonged sense of mourning and can lead to depression, anxiety and disturbed behaviors.

The overall mission of the Children's Bereavement Program is to provide support services at no cost in the following Northern California counties:

Butte, Colusa, Sutter and Yuba. We provide these services at a variety of locations including our local hospice office in Yuba City, Sutter and Yuba County schools, the Tri-Counties Juvenile Hall and in the home of hospice patients.

### The Children's Bereavement Program aims to:

- Increase the sense of well-being and healthy coping skills around grief and loss.
- Provide a safe place for children, teens and adults to learn and identify with other individuals who are facing the same challenges.
- Utilize art projects (working with pottery, molding masks, art drawings, etc.) as a way to express their feelings of grief and loss.

Our program leaders include those with master's degrees (MSW, ASW, MFT, MDIV) and/or are Certified Grief Facilitators or Registered Art Therapists.